

## 1. TITLE OF THE CERTIFICATE (ES)

Certificado de Profesionalidad de nivel 3 en  
IMPE0110 MASAJES ESTÉTICOS Y TÉCNICAS SENSORIALES ASOCIADAS

## 2. TRANSLATED TITLE OF THE CERTIFICATE (EN)

Professional Certificate Level 3 in  
IMPE0110 AESTHETIC MASSAGES AND RELATED SENSORY TECHNIQUES  
(This translation has no legal status)

## 3. PROFILE OF SKILLS AND COMPETENCES

The holder of this certificate will have acquired the **general competence** to improve people's image and contribute to their wellness, applying aesthetic and beauty massages and related sensory techniques based on diagnosis and under quality, health and safety conditions, in accordance with established protocols. This general competence is divided into the following **skills units** (UC):

- Perform aesthetic diagnosis and design protocols integrating massage, lymphatic drainage and sensory techniques with aesthetic purposes (UC0789\_3).
- Perform manual and/or mechanical massages with aesthetic purposes (UC0063\_3).
- Perform manual and/or mechanical lymphatic drainage with aesthetic purposes (UC0790\_3).
- Perform pressure massage techniques with aesthetic purposes (UC0791\_3).
- Apply sensory techniques to massages with aesthetic purposes (UC0792\_3).

The professional skills are acquired through the **learning outcomes** defined within the related Training Modules (MF):

- Diagnosis and protocols for beauty massages and sensory techniques (MF0789\_3).
- Manual and mechanical beauty massages (MF0063\_3).
- Manual and mechanical beauty lymphatic drainage (MF0790\_3).
- Beauty massages with pressure techniques (MF0791\_3).
- Beauty sensory techniques (MF0792\_3).
- Practical training at the workplace module in Aesthetic massages and related sensory techniques (MP0314)

(See legal basis for all learning outcomes information acquired by the holder of this Certificate in each MF).

As a reference the learning outcomes include in the Practical training at the workplace that complete and reinforce the learning outcomes acquired in the other training modules, are:

- Use aesthetic diagnosis methods to apply beauty massage techniques and related sensory techniques in order to evaluate customer characteristics and status in accordance with safety and health standards.
- Prepare the space and material resources necessary to perform different beauty massage techniques and related sensory techniques.
- Give manual and mechanical beauty massages in each anatomical area skillfully, selecting the maneuvers to define the various massage techniques.
- Perform manual and mechanical lymphatic drainage of each anatomical area under adequate hygiene and safety conditions.
- Apply beauty manual lymphatic drainage techniques following medical and cosmetic treatments and surgery under hygiene and safety conditions.
- Apply reflexology pressure massage techniques, adapting maneuvers to each area and application parameters.
- Apply Oriental massage techniques and face and body pressure massage techniques.
- Apply beauty manual techniques associated to aromatherapy and phytotherapy techniques.
- Apply beauty massage techniques, associated to music therapy techniques.
- Apply beauty chromotherapy techniques as a single treatment or associated to beauty treatments.
- Evaluate service quality for application of beauty massage techniques and related sensory techniques and propose, if necessary, measures to correct any deviations.
- Take part in the company's working processes, following the rules and instructions established at the workplace.

## 4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THIS CERTIFICATE

The holder of this certificate may work in companies as an employee or self-employed: beauty salons, medical or cosmetic surgery centres, hotels, gymnasiums, nursing homes, spas and centres specialising in manual and mechanical techniques. The holder may also work in the beauty, spa, cosmetic medicine and hairstyling services sector.

The most pertinent occupations and positions are:

- Beauty masseur/masseuse specialising in: massages, lymphatic drainage, reflexology, pressure massages, aromatherapy, chromotherapy and music therapy.

## 5. OFFICIAL BASIS OF THE CERTIFICATE

### Name and status of the national/regional authority providing accreditation/recognition of the certificate

The Ministry of Employment and Social Security or the corresponding autonomous regional administration within the scope of its competence, in the name of the King. The certificate is valid throughout Spain.

### Level of the certificate

The Professional Certificate Level 3 of the National Repertoire of Professional Certificates corresponds to level 4 of the International Standard Classification of Education (ISCED-P 2011).

The European Qualification Framework (EQF) level:

### Grading scale/Pass requirements

The grading scale and pass level of the training modules are expressed on a scale of 0 to 10. The minimum score for a pass is 5 in every training module including a pass in the practical training at the workplace module.

The grading system is as follows:

- FAIL: 0 to 4.9
- PASS-SATISFACTORY: 5 to 6.9
- PASS-GOOD: 7 to 8.9
- PASS-EXCELLENT: 9 to 10

### Access to next level of education/training

This Professional Certificate Level 3 gives access to Professional Certificate Level 3 within the same professional area and family.

For validation purposes, the educational authorities will recognise the professional module or modules of the VET diplomas corresponding to the skills units included in the training modules of this certificate.

### Legal basis

Royal Decree 1527/2011 of 31 October, establishing two professional certificates in the professional family Personal Image, which are included in the National Repertoire of Professional Certificates. (Appendix I, Code: IMPE0110).

## 6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

This certificate may be acquired by:

1. Training: Completion with a pass grade of the face-to-face or online training programme.
2. Recognition of the professional skills acquired through professional experience or non-formal training (prior learning): Completion of a process of skills evaluation and accreditation in all the skills units making up the professional certificate.
3. Dual training: Completion of a training and apprenticeship contract, which may range from 1 year (or 6 months, if stipulated as such in the collective agreement) to 3 years, during which effective working time is combined with time dedicated to training under the training programme for the professional certificate.

The training method (number 1 above) requires successful completion of the training modules and the practical training at the workplace:

Description of vocational training received	Percentage of total programme (%)	Duration (hours)
Training modules	79	450
Practical training at the workplace	21	120
<b>Total duration of training leading to the certificate</b>		<b>570</b>

**Entry/access requirements:**

- *Bachiller* Diploma (upper secondary education); or
- Professional Certificate Level 2 in the same professional area.
- If neither of the above or higher certifications are held, a pass in the key skills tests.

**Additional information:** Professional certificates are instruments for official accreditation of the professional qualifications in the National Catalogue of Professional Qualifications for all economic activities, within the scope of the labour administration. The National Repertoire of Professional Certificates is divided into three qualification levels (Level 1, Level 2 and Level 3), and by sectors into 26 professional families and 102 professional areas. More information is available at: [www.sepe.es](http://www.sepe.es)

National Europass Centre: [www.oapee.es](http://www.oapee.es)

(\*) **Explanatory note:** This document is designed to provide additional information about the specified certificate, but has no legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications; Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates; and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information is available at: <http://europass.cedefop.eu.int>

## Information on Professional Certificates of the Map of Qualifications and Vocational Training in Spain

